Smoothie King Menu 2026 – Prices, Calories & Hours US

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Signature Smoothies

Item	Price	Calories
The Hulk® Chocolate	$6.99	640-1280
The Activator® Recovery Blueberry Strawberry	$6.79-$11.39	250-570
Gladiator® Strawberry	$6.99-$11.59	220
Peanut Power Plus	$6.79-$11.39	580-1160
Power Meal™ Blueberry Raspberry	$6.59-$10.79	330-650
Slim-N-Trim™ Blueberry	$11.39	500
Gut Health Greek Yogurt Pineapple Mango	$6.89-$11.49	250-500
Immune Builder™ Mixed Berry	$6.89-$11.49	330-660
Metabolism Boost™ Mango Ginger	$6.69-$11.19	270-550
Power Punch Plus	$11.39	560

Smoothie Bowls

Item	Price	Calories
Açai Cocoa Haze Bowl™	$11.99	610-640
Berry Goji Getaway™ Bowl	$11.99	540
Coco Colada™ Bowl	$11.99	490
Coco Pitaya-Yah Bowl™	$11.99	460
Go Coconuts™ Bowl	$11.99	520
PB Swizzle™ Bowl	$11.99	620

Protein Boxes

Item	Price	Calories
Peanut Butter & Fruit Protein Box	$6.99	500
Eggs & Cheese Protein Box	$6.99	460

Kids Smoothies & Small Sizes

Item	Price	Calories
Apple Kiwi Bunga™ (small)	$3.49	170
Berry Interesting™	$3.99-$4.49	200-220
CW, Jr.*	$3.99	240
Lil' Angel™	$3.99	190
Strawberry Bluegurt Blitz™	$4.29	160
Strawberry Kiwi Breeze	$4.29	240
Lemon Twist Strawberry	$4.29	260

Snacks & Sides

Item	Price	Calories
Alani Nu Protein Bar	$3.79	190-220
Banana Chips	$3.99	150-430
Dark Chocolate Cashews	$6.49	150
Greek Yogurt Trail Mix	$3.99	150
Milk Chocolate Almonds	$6.49	160
Gouda Nut Mix	$1.59	180
Good Health Veggie Chips w/ Sea Salt	$1.89	140
Bottled Water, 16.9oz	$1.99	0

Feel Energized Blends

Item	Price	Calories
Activator Recovery Pineapple Spinach	$6.79-$11.39	280-550
Activator Recovery Chocolate	$6.79-$11.39	200-380
Activator Recovery Coffee	$6.89-$11.49	220-440
Gladiator® Chocolate	$6.99-$11.59	230
Gladiator GLP-1 Vanilla	$7.19-$11.79	230

Protein Boosted Blends

Item	Price	Calories
Original High Protein Chocolate	$6.69-$10.89	380-660
Original High Protein Lemon	$6.49-$10.89	300-750
Peanut Power Plus Chocolate	$6.79-$11.39	590-1170
Daily Warrior™	$6.59-$11.19	630-1270
Keto Champ GLP-1 Berry	$6.99-$11.59	430-890

Power Slim & Metabolism

Item	Price	Calories
Power Meal Slim™ Chocolate	$6.69-$11.19	200-400
Power Meal Slim™ Strawberry	$6.69-$11.19	210-430
Slim-N-Trim™ Vanilla	$6.79-$11.39	170-330
Metabolism Boost™ Dark Chocolate Banana	$7.19-$12.19	320-640
Slim N Trim GLP-1 Mango Greens	$6.99-$11.59	280-560

Prices, calories and hours can be different at your location and change over time. Check your local restaurant or the official app for the latest details.